



NEWSLETTER

February 2013

Principal—Lynne Moorhouse Vice-Principal—Janet Langston
Administrative Assistant—Jenn King

PRO-D DAY

REMINDER

School will not be in-session on **Friday, February 15, 2013**
(Pro-D Day)



HEALTH NOTE

Last Friday I sent home a letter about some (4 actually confirmed) cases of scabies in our school population. **It is NOT an all-out problem.** This letter caused a stir -but that is good because we have the help of our Health Nurse as well as the Health Unit from Songhees and the support of the Esquimalt Nation.

What we are doing:

- Getting the children to wash their hands “We cannot stress this enough”.
- Extra cleaning of desks, handles, toys.
- Phoning families when children complain they are itchy or when we see open sores.
- Encouraging families to get involved and learn more about good health and ways to keep healthy.

What you can do:

- Get to your doctor or clinic—immediately—scabies must be confirmed by a doctor
- Have your child wash

For more information:

- Contact the Public Health Nurse—Pamela Morris at 250.519.5311
- Contact Lorna Hillman at the Health Unit for Songhees and Esquimalt (Michelle is on Medical Leave)

It is our policy that children:

- Who have Scabies and or Impetigo are not allowed back at school until they have completed the full treatment.

BRIDGE CONSTRUCTION

You will notice that some road work is being done—tree cutting, digging, dirt removal, all on or near our school. Please remind all children to be SAFE and keep away from any areas or fencing where work or workers are located. Let’s all support all of our children.

Thank you, Lynne Moorhouse

2766 Admirals Road, Victoria BC V9A2R3 ph. 250.384.8157


Craigflower Elementary

ANTI-BULLYING

Our school staff is continuing on with our Anti-bullying inservice and workshops. On the February 15th Pro-D, Monique Grey-Smith will be coming to speak on Resiliency—and healing from trauma and violence. We need to understand why children feel angry and hurt inside.

On January 30th—Mr. Thistle (Div 3) and Lynne (myself) attended a District In-service on Preventing Bullying. We will be presenting the key ideas to staff, PAC and at our Wednesday morning Parent Socials.

Four main things to consider:

1. Often the word “bullying” can be over-used and really the word “conflict between two children” is what is meant
2. Listen to your child—take them seriously and try and listen to the facts then let our school staff know—right away
3. There is more information and an anonymous reporting site on the Greater Victoria School District’s website (www.sd61.cbc.ca) and will soon be on our school website (www.craigflower.sd61.bc.ca) - just click on the pink E.R.A.S.E. button for more details. 
4. Help your child with strong social skills:
 - How to be kind
 - How to be a good friend
 - Letting them know that teasing, name calling (you’re stupid, you’re fat etc.), taunting, making faces—again and again—is Bullying
 - How to walk away to a different part of the playground and tell the teacher or supervisor
 - And most of all—how to be RESPECTFUL

Thank you!



READING

We are so proud of the reading that our Craigflower Students are doing! They are really coming along nicely! Please, we need your help:

- If your child is in Grade One and in Reading Recovery—please have your child at school everyday—and at 9:00 for special reading sessions.
- Turn off the T.V./DS games/Playstations so that the children do not get too much screen time.
- On the weekends—take your child to the Esquimalt Library—get them their own library card.
- Snuggle up with your child—(Okay, with the little ones K's—to grade 2/3) and read at least one book before bedtime. This really, really helps!



PARENT SOCIAL

Wednesdays—9:00 onwards—every week—Parent Social!

Please drop by—in the hallway by the main office, for our Parent Social—it is a good time to talk to other parents, to ask Lynne, Janet or Sam—our Youth and Family counselor—a few questions.



WHAT ARE: HEAD LICE, SCABIES AND IMPETIGO

We have several cases of Lice, Scabies and Impetigo in our school and community (not an outbreak) - **AND** we want to help you out. (Gone are the days when we phone the authorities)

Head Lice—we can provide conditioner, combs and pharmacy product (**if** you want that). Please just send a note to the school.

Scabies—these are small mites that get under the skin and the itching begins (especially at night). **With this you must go to the doctor and get treated.**

Impetigo—this happens when bacteria enters a cut or bite on the skin—then it becomes oozy with sores on the body and itchy scabs. **Again—you must go to a doctor and get treated**

Does your child want to play sports?

Here are some organizations that provide sponsorship to help cover associated costs:

KidSport Victoria: <http://www.kidssportvictoria.ca>

Athletics for Kids: <http://www.a4k.ca/>

Canadian Tire Jumpstart <http://jumpstart.canadiantire.ca>

BASKETBALL GRADE'S 4/5

Our Gr. 4/5 basketball team will be playing at the Esquimalt Schools Jamboree at Shoreline Middle School on Tuesday, February 26th from 3:30-5:00. Please join us and help cheer on our team!



And LASTLY...

Please, please limit the amount of screen time—T.V./Computer/Playstations etc. your child/children have.

Days are getting longer so please get the children outdoors to play.





PINK SHIRT DAY

**Wear your Pink Shirt for
WEDNESDAY, FEBRUARY 27, 2013**

Dear Families,

We have children's sized "Bullying Stops Here" pink t-shirts for sale for Wednesday, February 27, 2013 at a cost of \$5 each.

We also have a few adult sizes as well, for \$5 each-on a first come, first served basis.

If your family would like to purchase any please fill out the form below.

Also, our UVic Student Health Nurses will be in classrooms on that day Wednesday, February 27th to do presentations on healthy relationships.

YES! Our family would like to order pink shirts.

Family Name: _____

Child Name: _____ size ____ @ \$5 each
_____ size ____ @ \$5 each
_____ size ____ @ \$5 each
_____ size ____ @ \$5 each
_____ size ____ @ \$5 each

We would also like to order _____ # of adult shirt(s), sizes _____ @ \$5 each.

Total Cost = \$ _____

- pay now – money included
 pay later