

Craigflower Hot Menu September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Labour Day Holiday	4	5	6	7	8
<div> First day of School is Tuesday, September 4 The School Meal Program starts Monday September 10 </div>						
9 School Meal Program starts September 10!	10 Macaroni and Cheese Grapes Raw Broccoli	11 Chili & Cornbread Red Delicious Apple Carrot Sticks	12 Meatball Sub Cracked Wheat Bun Banana Cucumber	13 Southwest Chicken Burrito w/Salsa Vanilla Yogurt and Granola Fruit or Veg	14 Cheese Perogies with sour cream Caesar Salad Fruit or Veg	15
16	17 Pro-D Day No School for Students	18 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple Carrot sticks	19 Chicken Nuggets Dinner Roll Caesar Salad Raw Broccoli	20 Pepperoni & Cheese Calzone Golden Delicious apple Fruit or Veg	21 Chicken Pot Pie Carrot sticks Fruit or Veg	22
23	24 Macaroni & Cheese Grapes Cucumber	25 Chicken Burger Cracked Wheat Bun Red Delicious Apple Carrot Sticks	26 Sweet & Sour Meatballs Brown rice & Veg. Banana Fruit or Veg	27 Quesadilla w/Salsa Fresh Cut Fruit Salad Extra Fruit Salad	28 Sloppy Joe w/ Shredded Cheese Cracked Wheat Bun Golden Delicious Apple Watermelon Slices	29