April Craigflower Menu 2019

1 Whole Wheat Pasta and Beef Bolognaise sauce Vanilla Yogurt and Granola 8 Macaroni and Cheese Grapes	2 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple 9 Chicken Burger Cracked Wheat Bun	3 Chicken Nuggets Caesar Salad 10 Sweet & Sour	4 Pepperoni and Cheese WW Calzone Golden Delicious Apple	5 Chicken Pot Pie Carrot sticks	6
Macaroni and Cheese	Chicken Burger	-	11		
Raw Broccoli	Red Delicious Apple	Meatballs Brown rice and Vegetables Banana	Bean and Cheese Quesadilla with Salsa Fresh Cut Fruit Salad	Pro-D Day No School for Students	13
15 Beef Dip Caesar Salad	16 Hot Dog Day! Cracked Wheat bun Red Delicious Apple	17 Chicken fricassee Brown Rice Banana	18 Lasagna Vanilla Yogurt and Gran- ola	Good Friday No School for Students	, 20
Easter Monday No School for Students	23 Vegetarian Chili and Cornbread Red Delicious Apple	24 Meatball Sub Cracked Wheat Bun Banana	25 Southwest Chicken WW Burrito w/ Salsa Vanilla Yogurt and Granola	26 Cheese Perogies with sour cream Caesar Salad	27
Whole Wheat Pasta and Beef Bolognaise sauce Vanilla Yogurt and Granola	30 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple				
	22 Easter Monday No School for Students 29 Whole Wheat Pasta and Beef Bolognaise sauce Vanilla Yogurt and	Caesar Salad Hot Dog Day! Cracked Wheat bun Red Delicious Apple 22 Easter Monday No School for Students 29 Whole Wheat Pasta and Beef Bolognaise sauce Vanilla Yogurt and Hot Dog Day! Cracked Wheat bun Cornbread Red Delicious Apple 30 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple	Beef Dip Caesar Salad Hot Dog Day! Cracked Wheat bun Red Delicious Apple 22 Easter Monday No School for Students 30 Whole Wheat Pasta and Beef Bolognaise sauce Vanilla Yogurt and Hot Dog Day! Cracked Wheat bun Red Delicious Apple 24 Meatball Sub Cracked Wheat Bun Banana 30 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple	Beef Dip Caesar Salad Hot Dog Day! Cracked Wheat bun Red Delicious Apple 22 Easter Monday No School for Students No School for Students 30 Whole Wheat Pasta and Beef Bolognaise sauce Vanilla Yogurt and Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple Chicken fricassee Brown Rice Banana 24 Meatball Sub Cracked Wheat Bun Banana 30 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple Chicken fricassee Brown Rice Banana Vanilla Yogurt and Gran-ola 25 Southwest Chicken WW Burrito w/ Salsa Vanilla Yogurt and Granola Total Chicken fricassee Brown Rice Banana Vanilla Yogurt and Gran-ola	Beef Dip Caesar Salad Hot Dog Day! Cracked Wheat bun Red Delicious Apple 22 23 Vegetarian Chili and Cornbread Red Delicious Apple No School for Students 24 Meatball Sub Cracked Wheat Bun Banana 25 Southwest Chicken WW Burrito w/ Salsa Vanilla Yogurt and Gran-Ola 26 Chicken fricassee Brown Rice Banana 27 No School for Students 30 Beef Burger Cracked Wheat bun Leaf Lettuce Vanilla Yogurt and Cracked Wheat Dun Banana 30 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple Chicken fricassee Brown Rice Brown Ri