

April Craigflower Menu 2019

	Mon	Tue	Wed	Thu	Fri	
	1 Whole Wheat Pasta and Beef Bolognese sauce Vanilla Yogurt and Granola	2 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple	3 Chicken Nuggets Caesar Salad	4 Pepperoni and Cheese WW Calzone Golden Delicious Apple	5 Chicken Pot Pie Carrot sticks	6
7	8 Macaroni and Cheese Grapes Raw Broccoli	9 Chicken Burger Cracked Wheat Bun Red Delicious Apple	10 Sweet & Sour Meatballs Brown rice and Vegetables Banana	11 Bean and Cheese Quesadilla with Salsa Fresh Cut Fruit Salad	12 Pro-D Day No School for Students	13
14	15 Beef Dip Caesar Salad	16 Hot Dog Day! Cracked Wheat bun Red Delicious Apple	17 Chicken fricassee Brown Rice Banana	18 Lasagna Vanilla Yogurt and Granola	19 Good Friday No School for Students	20
21	22 Easter Monday No School for Students	23 Vegetarian Chili and Cornbread Red Delicious Apple	24 Meatball Sub Cracked Wheat Bun Banana	25 Southwest Chicken WW Burrito w/ Salsa Vanilla Yogurt and Granola	26 Cheese Perogies with sour cream Caesar Salad	27
28	29 Whole Wheat Pasta and Beef Bolognese sauce Vanilla Yogurt and Granola	30 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple				